

	Hiking	Biking	Notes
Totals	563.85	310.9	
2020.07.04 Bruce Hike 1- Niagara to Welland	20	13	<p>With Assaf and Itai Bar-Natan.</p> <p>The plan was to wake up early, drive from Toronto with 3 bikes, leave them at the end point, drive to the beginning point, hike back to the end point, bike back to the beginning point, and drive home.</p> <p>We more or less did just that, but almost everything that could go wrong went wrong. We had a flat tire while prepping the bikes in the morning. It turned out we could only fit two bikes on the rack we had. I lost the bike keys in an embarrassing way, found them again in an even more embarrassing way, and that whole affair cost us about an hour. Then I left the lights on and we had to ask other people to help us jump-start the car (that, actually, was incredibly smooth and fast).</p> <p>And it turned out that a 20km hike was very hard. I always had pain in my feet when hiking (that's why I bike so much more), and after months of biking a lot but barely walking, the pains were pretty terrible.</p> <p>The ride back, only 13km and just Assaf and me (because of the bike we couldn't load) was oh so easy after that!</p> <p>But it was fun overall, and nothing beats a day with the kids!</p> <p>A simple drive, leave bike, drive, hike, bike back, drive back. I had two cameras with different filename conventions, so the pictures are not in order. About 11.5km hiking and 9.2km biking.</p>
2020.07.18 Bruce Hike 2- Glendale Bridge to Lake Moodie	12.5	9.2	
2020.08.01 Bruce Hike 3- Lake Moodie to Swayze Falls	12.45	7.9	
2020.08.15 Bruce Hike 4- Swayze Falls to Glen Road	12.5	10.3	With Assaf and Sarah.
2020.09.05 Bruce Hike 5- Glen Road to Kinsmen Park	13.23	0	With Assaf and Sarah. For the return ride we used two bicycles and an electric scooter.
2020.09.27 Bruce Hike 6- Kinsmen Park to Grimsby	13.51	10.4	With Assaf, Itai, and Sarah.

2020.10.10 Bruce Hike 7- Grimsby to Lewis Road	11.77	8.9	With Assaf and Sarah. For the return ride we used two bicycles and an electric scooter.
2020.10.24 Bruce Hike 8- Lewis Road to Veevers Park	11.42	11.8	With Assaf.
2020.11.07 Bruce Hike 9- Veevers Park to Kimberly Drive (and back)	15		With Assaf, Itai, Sarah, and Yael.
2020.11.28 Bruce Hike 10- Kimberly Drive to Scenic Drive	11.3		With Assaf, Sarah, and Yael.
2020.12.13 Bruce Hike 11- Scenic Drive to Hermitage Gatehouse	9.3	8.9	With Itai. A very short day, but a very beautiful one. It was rainy the day before so all the waterfalls were flowing, and there were lots of them!
2021.02.06 Bruce Hike 12- Hermitage Gatehouse to Sydenham Lookout	12.5	8.4	With Assaf. We decided to brave the cold and the white stuff on the ground. It worked well, but took a lot of energy - we were quite tired by the end! Plus we decided to detour to Webster's Falls and to Tews Falls, lovely places that we've visited before. But the direct path from Webster's to Tews is now closed, and we had to make a detour on the detour.
2021.03.13 Bruce Hike 13 Sydenham Lookout to Flanders Drive	13.37		With Assaf, Sarah, and Yael. After a warm week, it was muddy! But also beautiful. I haven't even heard of Grindstone Creek before, and it's pretty!
2021.03.27 Bruce Hike 14- Flanders Drive to Walkers Line	15	13.3	With Assaf and Sarah. Return by bike (Assaf and me) and scooter (Sarah).
2021.04.11 Bruce Hike 15- Mount Nemo to Kilbride	12	10.9	The forecast in Toronto was for rain all day, but when I looked at the forecast for Mount Nemo and Kilbride it gave a 5-hours window without rain from noon until 5PM, and I decided to aim for that window. When I left Toronto it was raining heavily; by the time I got to the parking lot at the bottom of Mount Nemo, the rain completely stopped. Everything was newly-washed and there was still a bit of mist in the air, which limited visibility but made me feel like I'm the only one in the world. It was so beautiful! I'm afraid the pictures don't do that justice. Did I mention that spring is becoming more and more visible?
2021.06.20 Bruce Hike 16- Kilbride to the Source of Steeles	16	9	With Assaf, Itai, and Sarah. About 16km hiking and 9km return by bike.
2021.07.10 Bruce Hike 17- Source of Steeles to St Helena Rd	19.9	12.5	With Itai, 19.9km hike and then return by bike.
2021.07.31 Bruce Hike 18- St Helena Rd to Limehouse	13.5	10.5	With Itai, 13.5km hike, 10.5km return by bike. Bugs aplenty!
2021.12.05 Bruce Hike 19- Limehouse to Silver Creek	15	8.3	With Sarah, 15km hike and 8.3km bike back.

2022.06.04 Bruce Hike 20- Silver Creek, Terra Cotta, and Rockside	16.2	11.5	With Assaf and Sarah. 16.2km, with 11.5km return by bike.
2022.09.24 Bruce Hike 21- Cheltenham Badlands and Forks of the Credit Provincial Park	19	13	With Olga. About 19km hike + 13km return by bike.
2022.10.16 Bruce Hike 22- Along the Escarpment Side Road	16.7	15.5	I expected this to be my dullest Bruce hike so far, with so much of it on straight lines along country roads (and one busy highway). Yet the colours, oh the colours! Plus the Laotian temple, in the middle of Nowhere, Ontario, came as a complete surprise. About 16.7km hiking and 15.5km biking back.
2022.11.12 Bruce Hike 23- Glen Haffy Conservation Area	19.8		With Olga, 19.8km.
2022.11.26 Bruce Hike 24- Hockley Valley	16.3	6.7	A beautiful day in a very nice section of the Bruce. But my camera finally died (a new one is on order), so only cell phone photos. 16.3km hike, plus 6.7km return by bike.
2022.12.10 Bruce Hike 25- Mono Cliffs Provincial Park	18.3		With Itai, about 18.3km. We had no good way to return to the car, so we had to do a loop, so the progress along the Bruce trail was about half the total.
2022.12.17 Bruce Hike 26- North From Mono Cliffs	13.5		With Olga, about 13.5km that (with the snow) felt like 20, yet which, due to the way we parked, got me only 8.2km further along the Bruce Trail. Cold and lovely!
2023.04.15 Bruce Hike 27- Boyne Valley	17.2	7.5	17.2km hike, plus 7.5km return by bike.
2023.05.13 Bruce Hike 28- Pine River	18	10.5	18km hiking, 10.5km biking back, on a very nice day.
2023.06.10 Bruce Hike 29- Lavender and Noisy River	15.5	14.3	About 15.5km hiking plus another 14.3km return by bike, on a nice day. Though for the first time on the Bruce Trail, I was bugged by bugs.
2023.10.21 Bruce Hike 30- Noisy River to Nottawasaga Bluffs	15.4	11	15.4km hike, then 11km return by bike, on a wet and cloudy and beautiful day.
2023.11.04 Bruce Hike 31- Devil's Glen	15.9	10.3	15.9km hiking plus 10.3km biking back, on a cloudy yet nice day. A very nice part of the Bruce! For the first time on these Bruce hikes, I could see Lake Huron.
2024.02.17 Bruce Hike 32- Nottawasaga Lookout and Pretty River	10	10	With Roland. Only 10km on the Bruce Trail, and another 10km return by bike. But at 10 below zero, and with the deepest snow I've had on the Bruce so far.

2024.03.02 Bruce Hike 33- Pretty River Valley	16	14	The day was at the triple point of winter, where ice, snow, and mud happily co-exist. Happy for them, that is. But challenges are great, so it was a great day! About 16km hiking and 14km biking back. Part of the ride back was on an unmaintained road, with lots of ice and snow and mud and big puddles of water - so this was my winter bike's first real test. I made it through! No chance I could have done it with my other bikes.
2024.07.13 Bruce Hike 34- The Blue Mountains	17	8.2	With Yusuke, 17km hiking plus 8.2km biking back.
2024.09.28 Bruce Hike 35- Kolapore Uplands	17.9	14.6	17.9km hiking, 14.6km biking back, on an excellent-weather day.
2024.10.26 Bruce Hike 36- Duncan	16.1	10.5	16.1km hiking, 10.5km biking back, on a nice but cold and a bit rainy day. Should have been routine, but I was weak and achy, and truth is, for the first time in a long time I didn't enjoy a day out. When I got home I found I had some light fever. Most likely these are all side effects of the two vaccine shots I got the day before - covid and the flu, one on each arm.
2024.11.09-10 Bruce Hikes 37-38- The Beaver River Valley (Heading South)	11.7		My Bruce hikes are getting farther from Toronto so I've decided to have the occasional "double feature", with a sleepover in between in the north. That's the first! Yet there will be like it more often as I get further north.
	13.1		With Olga, using two cars for the returns. 11.7km on sunny day 1 and 13.1km on rainy day 2 (rain in Canada is exactly the same as rain in the Netherlands - it gets you wet).
			By the time we were back to the little dirt road where we left Olga's car, it was already too muddy, and we had to wait an hour and a half for the tow truck to come.
			The first 6 pictures are from the in-between evening, in Collingwood.