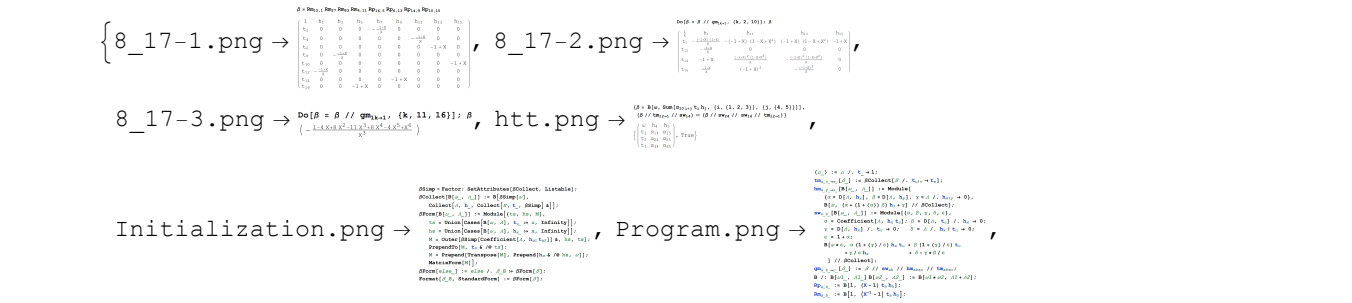```
SetDirectory["C:\\drorbn\\AcademicPensieve\\2013-02\\Sheffield"];
SourceNotebook =
  "C:\\drorbn\\AcademicPensieve\\2013-02\\Sheffield\\betaDemo.nb";
CellExport[tag_String] := Module[
   {cells},
   cells = Cases[
     NotebookGet[NotebookOpen[SourceNotebook]],
     c_Cell /; FreeQ[List@@c, Cell] && !FreeQ[c, CellTags → tag],
     Infinity
    ];
   If[Length[cells] ≥ 1,
    If[Length[cells] == 1,
     cells = Append[First[cells], PageWidth → Infinity],
     cells = Cell[CellGroup[cells], PageWidth → Infinity]
    ];
    {
     Export[tag <> ".png", cells, ImageResolution → 150]
    }
   ]
  ];
tags = Cases[
    NotebookGet[NotebookOpen[SourceNotebook]],
    (CellTags → tag_) :→ tag,
    Infinity
   ] // Union;
files = Flatten[CellExport /@ tags];
listing = OpenWrite["listing.txt"];
WriteString[listing, #<>"\n"] & /@ files;
Close[listing];
DeleteFile /@ Complement[FileNames[{"*.png", "*.pdf"}], files];
(# → Import[#]) & /@ files
```