```mathematica
SetDirectory["C:\\drorbn\\AcademicPensieve\\2012-03\\GWU_Talk"];
SourceNotebook = "C:\\drorbn\\AcademicPensieve\\2012-03\\GWU_Talk\\betaDemo.nb";
CellExport[tag_String] := Module[
    {cells},
    cells = Cases[
      NotebookGet[NotebookOpen[SourceNotebook]],
      c_Cell /; FreeQ[List @@ c, Cell] && ! FreeQ[c, CellTags → tag],
      Infinity
    ];
    If[Length[cells] ≥ 1,
     If[Length[cells] == 1,
      cells = Append[First[cells], PageWidth → Infinity],
      cells = Cell[CellGroup[cells], PageWidth → Infinity]
     ];
     {
      Export[tag <> ".png", cells, ImageResolution → 150]
     }
    ]
  ];
tags = Cases[
    NotebookGet[NotebookOpen[SourceNotebook]],
    (CellTags → tag_) :> tag,
    Infinity
  ] // Union;
files = Flatten[CellExport /@ tags];
listing = OpenWrite["listing.txt"];
WriteString[listing, # <> "\n"] & /@ files;
Close[listing];
DeleteFile /@ Complement[FileNames[{"*.png", "*.pdf"}], files];
(# → Import[#]) & /@ files
```