Flying rings were introduced by Dahm, aparently long before Goldsmith.

The 3D pictures of 20 knots in 4D are called "broken surface diagrams"

Satoh's notation for a cap:

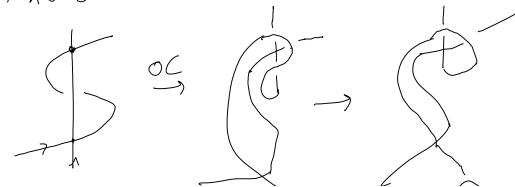
- | a finger
push

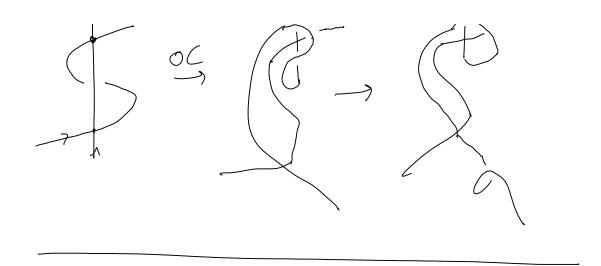
KI stands for "Ribbon Intercection"

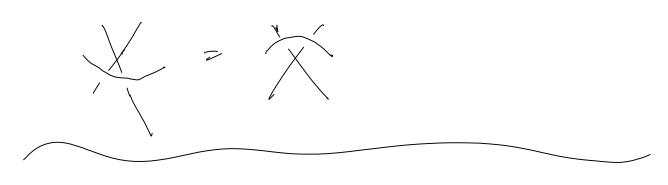
A big moral: wo knotted objects are about knotting in codimension 2, of (n-2)0 in nD, not necessarily about 2D in 4D.

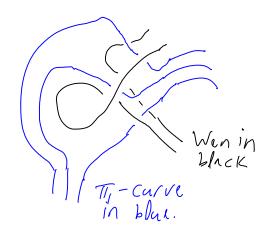
Another moral: I should figure an easy way of (at least partially) "draw between dimensions" (while preserving the co-dimension), and therefore make much more readable picture-proofs of all the wrelations.

The S-move:









The wan flips crossings.